

Verify Circle: Safe-word guide

A private phrase for a public moment

Choose: Pick a phrase that sounds natural but is not posted or shared publicly.

Share: Tell everyone who may receive an urgent request, including caregivers and older relatives.

Use: Ask for it only after pausing. A missing or wrong phrase means stop and switch channels.

Our safe word: _____

Keep the phrase private. Use it to pause, not to keep a suspicious conversation going.